

# Kitchen

## SPRING \* CLEANING CHECKLIST

### BEFORE YOU START

- Empty pantry, cupboards, & appliances including oven
- Discard **all** expired/old items
- Organize cleaning supplies
- Put on some fun music & start

### FRIDGE/FREEZER

- Wipe down entire fridge
- Wash shelving & baskets
- Wash freezer baskets
- Vacuum behind appliances
- Put contents back in place

### DISHWASHER

- Wipe around door seal
- Clean out drain
- Put 1c white vinegar in dishwasher-safe container on upper rack & run through hottest water cycle
- Sprinkle 1c of baking soda across bottom of dishwasher. Run complete hot water cycle.

### MICROWAVE

- Remove & wash turning plate
- Mix white vinegar & freshly squeezed lemon juice & place in container. Microwave for 3 minutes.
- Wipe down microwave inside out & put back turning plate

### STOVE/OVEN

- Wipe down entire stove & knobs
- Wash oven racks & wipe inside
- Lock oven & start self-cleaning
- Once finished wiped down residue
- Put oven racks back in place
- Pull out stove & clean underneath

### PANTRY/CABINETS

- Wipe down knobs, doors, & sides
- Wipe down shelves
- Put items back in place

### SINK/COUNTERS

- Pour 1 part baking soda down drain followed by a slow pour of 1 part white vinegar.
- Sprinkle 1/4c baking soda into sink & squeeze 1/2c lemon & scrub with it
- Rinse with hot water & wipe down
- Scrub & wipe down counters

### FLOORS

- Remove chair & any bins
- Vacuum floors then mop
- Put chairs back in place

### TRASH BIN

- Empty & rinse out
- Sprinkle baking soda & let sit
- Scrub with soap water, rinse & dry